

Mentor and Mentee Testimonials

"I would recommend it to anyone who is new to the profession. Hearing about the experiences and approaches, successes and failures of someone who has been in the field for 25 years was very important to my perception of what should be expected from a manager of volunteers. The mentorship showed me that... I need to adjust my expectations and perceptions of myself in this role and then apply some of the practical tools that were offered through my mentorship." - Mentee participant

"I really appreciated the time that my Mentor spent speaking with me and I felt much less alienated knowing she was there to reach out to. I believe that that in itself is extremely valuable." - Mentee participant

"My mentor helped me to be gentler with myself - not so demanding. She encouraged and brainstormed with me on methods on how to say no in a positive and respectful way (to myself and others). She celebrated my achievements – no matter how small." - Mentee participant

"Despite our work being very environments being very different, there were a surprising number of commonalities in the work we do, and in many cases, the differences provided helpful contrasts and new perspectives." - Mentee participant

"I remember how essential my own mentors were for me early in my career. It is important for our field to promote mentoring relationships to give a hand up to other professionals new in our field." - Mentor participant

"Serving as a mentor has proven to be a rewarding experience. It allows for self-reflection and the opportunity to establish a trusting relationship with an individual interested in exploring a range of possibilities. As a mentor, you are not required to have all the answers, you are a resource." - Mentor participant